

LEGION®

THE ONLY SUPPLEMENTS YOU NEED TO GET THE BODY YOU WANT.

THE PROBLEM WITH FITNESS MAGAZINES



If you're using fitness magazines to get training advice, you need to stay educated on how these magazines operate. There's nothing wrong with fitness magazines, but they are a business, and their top priority is not your personal fitness goals.

If magazines told the simple truth every month, they would have maybe 20 articles that they could reprint, verbatim, over and over.

Let's take a look at some of the **lies** fitness magazines tell you to get your attention:

- ✗ Ab workouts give you abs.
- ✗ Here's How So-and-So Got Ripped For Their Movie
- ✗ This Supplement Changes Everything.
- ✗ Cardio Is A Great "Fat Loss Workout."
- ✗ You need to eat "clean" to get fit.
- ✗ Low-Carb Dieting Is The Way Of The Future

WHAT'S THE BOTTOM LINE?

1

Fitness magazines operate with a business model that relies on selling information. They capture their readers' attention with new methods, tricks, or ploys to get you to subscribe.

2

They also rely on advertising to make money. They sell ad space to companies that want to promote their product. Furthermore, they will also write articles to pitch specific supplements.

3

There's nothing wrong with buying or reading a fitness magazine. It's just important for you to understand that you can't take everything you read with 100% certainty.

Real science. Real supplements. Real results.
Get the results you want when you shop our line of bodybuilding,
pre-workout and weight loss stacks and supplements.

[Shop Supplements Here](#)

YOU SHOULD BE GETTING MORE FOR YOUR SUPPLEMENT MONEY.